



# 2025 Outer East Football Netball Junior Rules Session

Information Session - Sunday  
16<sup>th</sup> February 2025





Age Group	UNDER 9/10 Girls & UNDER 9 Mixed
Phase	Introductory
Ground Size	Max: 75m x 45m
Maximum Players per Team, per Game	18
Zones	3 Zones
Players on Ground	Min 9 : Max 12
Coaches	On Field
Runners	No
Officials on Bench, Including Coach	4
Evening up Rule	✓
Ball	Size 2 (Synthetic)
Start Time	See Fixtures
Quarter Duration, Mins	10
Min Playing time per Player	75%
Break Duration	3,3,3
Scoring/Results/Ladders	✗
Finals	✗
Tackling	Hold & Release
Barging/Stealing	✗
Yellow Carded	Off for 10 Minutes
Player	Can be replaced immediately
Red Carded	OFF for the Remainder of the game
Player	Can be Replaced after 20min
Shepherding	✗
Bouncing	1 max
Deliberate kick off the Ground	✗
Marking	Any Distance
Playing on	✗
Advantage	✗
Ball-ups	✓
Throw-ins	Free kick against, last possession rule
Behind Scored	Return to Centre Circle, and a free kick given to opposition team
Goal Scored	Return to Centre Circle, and a free kick given to opposition team
Penalty Distance (m)	10

# Under 9 & U9/10 Girls

- Minimum players 9 : Maximum 12  
Less players / more touches
- Every player should play at least 75% of game time.  
These age groups are about participation not game outcomes.
- Hold & Release Tackle is basically do not bring the player to the ground (stand in the tackle) Video next slide.
- New rule for 2025 is that after any score the ball will return to the centre and a free kick will be given to the opposition team from the centre circle. This rule has been implemented to give every team a chance to score.

# Modified Tackling



# Under 10 Mixed/Boys



Age Group	UNDER 10 Boys
Phase	Introductory
Ground Size	Max: 100m x 50m
Maximum Players per Team, per Game	18
Zones	2 Zones
Players on Ground	Min 9 : Max 12
Coaches	Bench
Runners	Yes
Officials on Bench, Including Coach	5
Evening up Rule	✓
Ball	Size 2 (Synthetic)
Start Time	See Fixtures
Quarter Duration, Mins	10
Min Playing time per Player	75%
Break Duration	3,3,3
Scoring/Results/Ladders	X
Finals	X
Tackling	Hold & Release
Barging/Stealing	X
Yellow Carded	Off for 10 Minutes
Player	Can be replaced immediately
Red Carded	OFF for the Remainder of the game
Player	Can be Replaced after 20min
Shepherding	X
Bouncing	1 max
Deliberate kick off the Ground	X
Marking	Any Distance
Playing on	X
Advantage	X
Ball-ups	✓
Throw-ins	Free kick against, last possession rule
Behind Scored	Kick-in
Goal Scored	Return to Centre Circle
Penalty Distance (m)	10

Minimum players 9 : Maximum 12  
Less players / more touches

Hold & Release Tackle is basically do not bring the player to the ground (stand in the tackle) Video next slide.

This rule remains the same for U10 Mixed/Boys

# Under 11 Mixed & Under 11 Girls



Age Group	UNDER 11 Mixed/Girls
Phase	Development
Ground Size	Full
Maximum Players per Team, per Game	28
Zones	X
Players on Ground	Min 14 : Max 18
Coaches	Bench
Runners	Yes
Officials on Bench, Including Coach	5
Evening up Rule	✓
Ball	Size 3 (Synthetic)
Start Time	See Fixtures
Quarter Duration, Mins	10
Min Playing time per Player	50%
Break Duration	3,3,3
Scoring/Results/Ladders	✓
Finals	2 week/Top4
Tackling	✓
Barging/Stealing	✓
Yellow Carded	Off for 10 Minutes
Player	Can be replaced immediately
Red Carded	OFF for the Remainder of the game
Player	Can be Replaced after 20min
Shepherding	✓
Bouncing	1 max
Deliberate kick off the Ground	X
Marking	✓
Playing on	✓
Advantage	✓
Ball-ups	✓
Throw-ins	Free kick against, last possession rule
Behind Scored	Kick-in
Goal Scored	Return to Centre Circle
Penalty Distance (m)	25





# Proposed Changes to Classification table for Junior Football



Junior Football Classification Table = Proposed Changes (Intentional Conduct Only)				
Conduct	Impact	Contact	Base Sanction	Early Guilty Plea
Intentional	Severe	High/Groin/Chest	6 or more Matches (Tribunal)*	N/A
		Body	5 or more Matches (Tribunal)*	N/A
	High	High/Groin/Chest	5 Matches	4 Matches
		Body	4 Matches	3 Matches
	Medium	High/Groin/Chest	4 Matches	3 Matches
		Body	3 Matches	2 Matches
	Low	High/Groin/Chest	3 Matches	2 Matches
		Body	2 Matches	1 Match
Careless	Severe	High/Groin/Chest	4 or more Matches (Tribunal)*	N/A
		Body	3 or more Matches (Tribunal)*	N/A
	High	High/Groin/Chest	3 Matches	2 Matches
		Body	2 Matches	1 Match
	Medium	High/Groin/Chest	2 Matches	1 Match
		Body	1 Match	Fine and/or Reprimand
	Low	High/Groin/Chest	1 Match	Fine and/or Reprimand
		Body	1 Match	Fine and/or Reprimand

As requested by numerous Junior Clubs We have proposed all base sanctions for Intentional conduct be increased and we have removed the reprimand for an early guilty plea (Intentional Conduct only).

This Change still needs to be ratified by the OEFN Board.

\*Refer to Clause 2(b)(vi) of Appendix 1.





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Thank you for attending. Drive home  
safely.